

We measured 11 selected metabolites known to be modulated by the gut microbiome and affecting host behavior, in the collected serum samples via LC-MS (Table S2). Serum-metabolites were extracted by mixing pre-chilled methanol containing isotopic standards ( $^{13}\text{C}_{11}$  L-tryptophan, kynurenic acid ring-D5) with serum at the ratio of 2:1 (v:v). The mixture with the final concentration of isotopic standards of  $0.5\text{ }\mu\text{g/mL}$  was cooled for 30 min at  $-20^{\circ}\text{C}$  before centrifuging at  $11,000\text{ g}$  at  $4^{\circ}\text{C}$  for 15 min. The supernatant was filtered through a regenerated carbon filter with a pore size of  $0.2\text{ }\mu\text{m}$ . LC-MS analysis of metabolites of interest was performed using a HPLC system (Dionex UltiMate 3000, Thermo Fisher, USA) coupled with a high-resolution mass spectrometer with an electrospray ionization source (Impact II, Bruker, Germany). Reverse phase chromatography was executed using a C-18 column ( $L \times$  inner diameter  $250\text{ cm} \times 4.6\text{ mm}$ ,  $5\text{ }\mu\text{m}$  particle size, Agilent P/N 990967-902) held at a constant temperature of  $20^{\circ}\text{C}$ . The mobile phase consisted of solvent A (0.1% formic acid in water) and solvent B (0.1% formic acid in acetonitrile). Gradient elution was applied with following conditions: The chromatographic gradient started at 3% B for 3 min, increased linearly to 100% B at 20 min, held at 100% B for 3 min, decreased linearly to 3% B at 27 min, followed by an equilibrating time of 3 min. The flow rate was kept constantly at  $0.5\text{ mL/min}$ . The injection volume was  $40\text{ }\mu\text{L}$ . Samples were stored in the autosampler at  $8^{\circ}\text{C}$  for a maximum period of 72 h prior to injection. A dilution series of standards with a concentration range from  $0.000128$  to  $10\text{ }\mu\text{g/mL}$  was measured to build the linear regression model. The weighting factor of 1,  $1/x$ , or  $1/x^2$  was selected depending on lowest sum percent relative error (64). The operating parameters of the mass spectrometer were as follows: the spray needle voltage at  $3.5\text{ kV}$ , nitrogen was used as nebulizing gas ( $1.5\text{ bar}$ ) and drying gas ( $5\text{ L/min}$ ), and the drying temperature was at  $200^{\circ}\text{C}$ . The data were acquired in Full-MS mode with a scanning range of  $50\text{-}1,000\text{ m/z}$  and scanning rate of  $2\text{ Hz}$  in the positive ion mode. Each measurement included a 30s-segment for automated internal calibration using sodium formate  $5\text{ mM}$ . Peak integration of Full-MS data was performed using Skyline (v.21.1). The internal isotopic standards were used for quality control and for normalization purposes.